HEM71



[1]

Aday, R.H. et al. 2006. Impact of Senior Center Friendships on Aging Women Who Live Alone. Journal of Women & Aging. 18, 1 (Apr. 2006), 57–73. DOI:https://doi.org/10.1300/J074v18n01 05.

[2]

Age UK: http://www.ageuk.org.uk/.

[3]

Better health in old age: Report from Professor Ian Philp: Department of Health - Publications:

http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/publicationsandstatistics/publicationspolicyandguidance/dh 4092957.

[4]

Beverly P Horowitz 2004. Promoting Well-Being and Engagement in Life Through Occupational Therapy Lifestyle Redesign: A Pilot Study Within Adult Day Programs. Topics in Geriatric Rehabilitation. 20, 1 (Jan. 2004).

[5]

Cerga-Pashoja, A. et al. 2010. Evaluation of exercise on individuals with dementia and their carers: a randomised controlled trial. Trials. 11, 1 (2010). DOI:https://doi.org/10.1186/1745-6215-11-53.

[6]

Christofoletti, G. et al. 2008. A controlled clinical trial on the effects of motor intervention on balance and cognition in institutionalized elderly patients with dementia. Clinical Rehabilitation. 22, 7 (Jul. 2008), 618–626. DOI:https://doi.org/10.1177/0269215507086239.

[7]

Drageset, Jorunn 2004. The importance of activities of daily living and social contact for loneliness: a survey among residents in nursing homes. Scandinavian journal of caring sciences. 18, 1 (Mar. 2004).

[8]

Equality Impact Assessment: Partnerships for Older People Projects (POPP) D.O.H 2010: http://www.pssru.ac.uk/pdf/rs053.pdf.

[9]

Fine, J. 2001. The Effect of Leisure Activity on Depression in the Elderly: Implications for the Field of Occupational Therapy. Occupational Therapy in Health Care. 13, 1 (2001), 45–59.

[10]

G. Ruiz, Villaverde 2006. Quality of life of rural menopausal women in response to a customized exercise programme. Journal of Advanced Nursing. 54, 1 (2006).

[11]

Hakim, Renée M 2004. Differences in Balance Related Measures Among Older Adults Participating in Tai Chi, Structured Exercise, or No Exercise. Journal of Geriatric Physical Therapy. 27, 1 (2004), 11–15.

[12]

Health and Care Services for Older People: Overview report on research to support the National Service Framework for Older People: Department of Health - Publications: http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/Publicationsandstatistics/P

ublications/DH 088848.

[13]

Homepage - University of the Third Age: http://www.u3a.org.uk/.

[14]

Improving care and saving money: learning the lessons on prevention and early intervention for older people – UK – 18 January 2010 | KINSHIP - Knowledge INformed Support for Health Improved Practice:

http://kinwahlin.wordpress.com/2010/01/19/improving-care-and-saving-money-learning-the-lessons-on-prevention-and-early-intervention-for-older-people-uk-18-january-2010/.

[15]

Improving policy for older people's learning | NIACE: http://www.niace.org.uk/news/improving-policy-for-older-people%E2%80%99s-learning.

[16]

Jansson, S. and Söderlund, A. 2004. A new treatment programme to improve balance in elderly people--an evaluation of an individually tailored home-based exercise programme in five elderly women with a feeling of unsteadiness. Disability & Rehabilitation. 26, 24 (2004), 1431–1443. DOI:https://doi.org/10.1080/09638280400000245.

[17]

Jones, A.Y. et al. 2005. Effectiveness of a community-based Tai Chi program and implications for public health initiatives. Archives of Physical Medicine and Rehabilitation. 86, 4 (Apr. 2005), 619–625. DOI:https://doi.org/10.1016/j.apmr.2004.10.020.

[18]

la Cour, Karen 2005. Creating connections of life during life-threatening illness: Creative activity experienced by elderly people and occupational therapists. Scandinavian Journal of Occupational Therapy. 12, 3 (2005), 98–109.

[19]

Litwin, H 2005. Correlates of successful aging: Are they universal? International Journal of Aging & Human Development. 61, (2005), 313–333.

[20]

Mountain, G. et al. 2008. Occupational Therapy Led Health Promotion for Older People: Feasibility of the Lifestyle Matters Programme. The British Journal of Occupational Therapy. 71, 10 (Oct. 2008), 406–413. DOI:https://doi.org/10.1177/030802260807101002.

[21]

National service framework: older people - Publications - GOV.UK: https://www.gov.uk/government/publications/quality-standards-for-care-services-for-older-people.

[22]

Oken, B.S. and Zajdel, D. 2006. RANDOMIZED, CONTROLLED, SIX-MONTH TRIAL OF YOGA IN HEALTHY SENIORS: EFFECTS ON COGNITION AND QUALITY OF LIFE. Alternative Therapies in Health and Medicine. 12, 1 (2006), 40–47.

[23]

Promoting Mental Health and Well Being in Later Life: Age Concern: http://www.ageuk.org.uk/documents/en-gb/for-professionals/health-and-wellbeing/isbn_1_9 03629_42_10_promoting_mental_health_and_wellbeing_in_later_life_2006_pro.pdf?dtrk=true.

[24]

Scott, A.H 2001. Occupational therapy as a means to wellness with the elderly. Physical and Occupational Therapy in Geriatrics. 18, 4 (2001), 3–22.

[25]

Stevens-Ratchford, R. and Cebulak, B. 2004. Living Well with Arthritis: A Study of Engagement in Social Occupations and Successful Aging. Physical & Occupational Therapy In Geriatrics. 22, 4 (2004), 31–52.

[26]

Stevens-Ratchford, RG 2005. Occupational engagement - Motivation for older adult participation. TOPICS IN GERIATRIC REHABILITATION. 21, 3 (Jul. 2005), 171–181.

[27]

Toepoel, V. 2013. Ageing, Leisure, and Social Connectedness: How could Leisure Help Reduce Social Isolation of Older People? Social Indicators Research. 113, 1 (2013), 355–372. DOI:https://doi.org/10.1007/s11205-012-0097-6.

[28]

Verghese, Joe 2003. Leisure activities and the risk of dementia in the elderly. The New England Journal of Medicine. 348, 25 (2003), 2508–2516.