

HEM71

[View Online](#)

Aday, Ronald H., et al. 'Impact of Senior Center Friendships on Aging Women Who Live Alone'. *Journal of Women & Aging*, vol. 18, no. 1, Apr. 2006, pp. 57-73, https://doi.org/10.1300/J074v18n01_05.

Age UK. <http://www.ageuk.org.uk/>.

Better Health in Old Age: Report from Professor Ian Philp : Department of Health - Publications.
http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/publicationsandstatistics/publications/publicationspolicyandguidance/dh_4092957.

Beverly P Horowitz. 'Promoting Well-Being and Engagement in Life Through Occupational Therapy Lifestyle Redesign: A Pilot Study Within Adult Day Programs'. *Topics in Geriatric Rehabilitation*, vol. 20, no. 1, Jan. 2004.

Cerga-Pashoja, Arlinda, et al. 'Evaluation of Exercise on Individuals with Dementia and Their Carers: A Randomised Controlled Trial'. *Trials*, vol. 11, no. 1, 2010, <https://doi.org/10.1186/1745-6215-11-53>.

Christofolletti, G., et al. 'A Controlled Clinical Trial on the Effects of Motor Intervention on Balance and Cognition in Institutionalized Elderly Patients with Dementia'. *Clinical Rehabilitation*, vol. 22, no. 7, July 2008, pp. 618-26, <https://doi.org/10.1177/0269215507086239>.

Drageset, Jorunn. 'The Importance of Activities of Daily Living and Social Contact for Loneliness: A Survey among Residents in Nursing Homes'. *Scandinavian Journal of Caring Sciences*, vol. 18, no. 1, Mar. 2004.

Equality Impact Assessment: Partnerships for Older People Projects (POPP) D.O.H 2010. <http://www.pssru.ac.uk/pdf/rs053.pdf>.

Fine, Jonathan. 'The Effect of Leisure Activity on Depression in the Elderly: Implications for the Field of Occupational Therapy'. *Occupational Therapy in Health Care*, vol. 13, no. 1, 2001, pp. 45-59.

G. Ruiz, Villaverde. 'Quality of Life of Rural Menopausal Women in Response to a Customized Exercise Programme'. *Journal of Advanced Nursing*, vol. 54, no. 1, 2006.

Hakim, Renée M. 'Differences in Balance Related Measures Among Older Adults Participating in Tai Chi, Structured Exercise, or No Exercise'. *Journal of Geriatric Physical Therapy*, vol. 27, no. 1, 2004, pp. 11-15.

Health and Care Services for Older People: Overview Report on Research to Support the National Service Framework for Older People : Department of Health - Publications.
http://webarchive.nationalarchives.gov.uk/+www.dh.gov.uk/en/Publicationsandstatistics/Publications/DH_088848.

Homepage - University of the Third Age. <http://www.u3a.org.uk/>.

Improving Care and Saving Money: Learning the Lessons on Prevention and Early Intervention for Older People – UK – 18 January 2010 | KINSHIP - Knowledge INformed Support for Health Improved Practice.
<http://kinwahlin.wordpress.com/2010/01/19/improving-care-and-saving-money-learning-the-lessons-on-prevention-and-early-intervention-for-older-people-uk-18-january-2010/>.

Improving Policy for Older People's Learning | NIACE.
<http://www.niace.org.uk/news/improving-policy-for-older-people%E2%80%99s-learning>.

Jansson, Sara, and Anne Söderlund. 'A New Treatment Programme to Improve Balance in Elderly People--an Evaluation of an Individually Tailored Home-Based Exercise Programme in Five Elderly Women with a Feeling of Unsteadiness'. *Disability & Rehabilitation*, vol. 26, no. 24, 2004, pp. 1431–43, <https://doi.org/10.1080/09638280400000245>.

Jones, Alice Y., et al. 'Effectiveness of a Community-Based Tai Chi Program and Implications for Public Health Initiatives'. *Archives of Physical Medicine and Rehabilitation*, vol. 86, no. 4, Apr. 2005, pp. 619–25, <https://doi.org/10.1016/j.apmr.2004.10.020>.

Ia Cour, Karen. 'Creating Connections of Life during Life-Threatening Illness: Creative Activity Experienced by Elderly People and Occupational Therapists'. *Scandinavian Journal of Occupational Therapy*, vol. 12, no. 3, 2005, pp. 98–109.

Litwin, H. 'Correlates of Successful Aging: Are They Universal?' *International Journal of Aging & Human Development*, vol. 61, 2005, pp. 313–33, <http://ahd.sagepub.com/content/61/4/313>.

Mountain, G., et al. 'Occupational Therapy Led Health Promotion for Older People: Feasibility of the Lifestyle Matters Programme'. *The British Journal of Occupational Therapy*, vol. 71, no. 10, Oct. 2008, pp. 406–13, <https://doi.org/10.1177/030802260807101002>.

National Service Framework: Older People - Publications - GOV.UK.
<https://www.gov.uk/government/publications/quality-standards-for-care-services-for-older-people>.

Oken, Barry S., and Daniel Zajdel. 'RANDOMIZED, CONTROLLED, SIX-MONTH TRIAL OF YOGA IN HEALTHY SENIORS: EFFECTS ON COGNITION AND QUALITY OF LIFE'. *Alternative Therapies in Health and Medicine*, vol. 12, no. 1, 2006, pp. 40–47.

Promoting Mental Health and Well Being in Later Life: Age Concern.
http://www.ageuk.org.uk/documents/en-gb/for-professionals/health-and-wellbeing/isbn_1_903629_42_10_promoting_mental_health_and_wellbeing_in_later_life_2006_pro.pdf?dtrk=true.

Scott, A.H. 'Occupational Therapy as a Means to Wellness with the Elderly'. *Physical and Occupational Therapy in Geriatrics*, vol. 18, no. 4, 2001, pp. 3–22.

Stevens-Ratchford, Regena, and Brian Cebulak. 'Living Well with Arthritis: A Study of Engagement in Social Occupations and Successful Aging'. *Physical & Occupational Therapy In Geriatrics*, vol. 22, no. 4, 2004, pp. 31-52.

Stevens-Ratchford, RG. 'Occupational Engagement - Motivation for Older Adult Participation'. *TOPICS IN GERIATRIC REHABILITATION*, vol. 21, no. 3, July 2005, pp. 171-81.

Toepoel, Vera. 'Ageing, Leisure, and Social Connectedness: How Could Leisure Help Reduce Social Isolation of Older People?' *Social Indicators Research*, vol. 113, no. 1, 2013, pp. 355-72, <https://doi.org/10.1007/s11205-012-0097-6>.

Verghese, Joe. 'Leisure Activities and the Risk of Dementia in the Elderly'. *The New England Journal of Medicine*, vol. 348, no. 25, 2003, pp. 2508-16.