HEM71



Aday, Ronald H., Gayle C. Kehoe, and Lori A. Farney. 'Impact of Senior Center Friendships on Aging Women Who Live Alone'. Journal of Women & Aging 18.1 (2006): 57–73. Web.

'Age UK'. N.p., n.d. Web. .

'Better Health in Old Age: Report from Professor Ian Philp: Department of Health - Publications'. N.p., n.d. Web.

http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/publicationsandstatistics/publicationspolicyandquidance/dh/4092957.

Beverly P Horowitz. 'Promoting Well-Being and Engagement in Life Through Occupational Therapy Lifestyle Redesign: A Pilot Study Within Adult Day Programs'. Topics in Geriatric Rehabilitation 20.1 (2004): n. pag. Print.

Cerga-Pashoja, Arlinda et al. 'Evaluation of Exercise on Individuals with Dementia and Their Carers: A Randomised Controlled Trial'. Trials 11.1 (2010): n. pag. Web.

Christofoletti, G. et al. 'A Controlled Clinical Trial on the Effects of Motor Intervention on Balance and Cognition in Institutionalized Elderly Patients with Dementia'. Clinical Rehabilitation 22.7 (2008): 618–626. Web.

Drageset, Jorunn. 'The Importance of Activities of Daily Living and Social Contact for Loneliness: A Survey among Residents in Nursing Homes'. Scandinavian journal of caring sciences 18.1 (2004): n. pag. Print.

'Equality Impact Assessment: Partnerships for Older People Projects (POPP) D.O.H 2010'. N.p., n.d. Web. http://www.pssru.ac.uk/pdf/rs053.pdf.

Fine, Jonathan. 'The Effect of Leisure Activity on Depression in the Elderly: Implications for the Field of Occupational Therapy'. Occupational Therapy in Health Care 13.1 (2001): 45–59. Print.

G. Ruiz, Villaverde. 'Quality of Life of Rural Menopausal Women in Response to a Customized Exercise Programme'. Journal of Advanced Nursing 54.1 (2006): n. pag. Print. Hakim, Renée M. 'Differences in Balance Related Measures Among Older Adults Participating in Tai Chi, Structured Exercise, or No Exercise'. Journal of Geriatric Physical Therapy 27.1 (2004): 11–15. Print.

'Health and Care Services for Older People: Overview Report on Research to Support the National Service Framework for Older People: Department of Health - Publications'. N.p., n.d. Web.

http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/Publicationsandstatistics/Publications/DH 088848.

'Homepage - University of the Third Age'. N.p., n.d. Web. http://www.u3a.org.uk/>.

'Improving Care and Saving Money: Learning the Lessons on Prevention and Early Intervention for Older People – UK – 18 January 2010 | KINSHIP - Knowledge INformed Support for Health Improved Practice'. N.p., n.d. Web.

.

'Improving Policy for Older People's Learning | NIACE'. N.p., n.d. Web. http://www.niace.org.uk/news/improving-policy-for-older-people%E2%80%99s-learning.

Jansson, Sara, and Anne Söderlund. 'A New Treatment Programme to Improve Balance in Elderly People--an Evaluation of an Individually Tailored Home-Based Exercise Programme in Five Elderly Women with a Feeling of Unsteadiness'. Disability & Rehabilitation 26.24 (2004): 1431–1443. Web.

Jones, Alice Y., Elizabeth Dean, and Rhonda J. Scudds. 'Effectiveness of a Community-Based Tai Chi Program and Implications for Public Health Initiatives'. Archives of Physical Medicine and Rehabilitation 86.4 (2005): 619–625. Web.

la Cour, Karen. 'Creating Connections of Life during Life-Threatening Illness: Creative Activity Experienced by Elderly People and Occupational Therapists'. Scandinavian Journal of Occupational Therapy 12.3 (2005): 98–109. Print.

Litwin, H. 'Correlates of Successful Aging: Are They Universal?' International Journal of Aging & Human Development 61 (2005): 313–333. Web. http://ahd.sagepub.com/content/61/4/313.

Mountain, G. et al. 'Occupational Therapy Led Health Promotion for Older People: Feasibility of the Lifestyle Matters Programme'. The British Journal of Occupational Therapy 71.10 (2008): 406–413. Web.

'National Service Framework: Older People - Publications - GOV.UK'. N.p., n.d. Web. https://www.gov.uk/government/publications/quality-standards-for-care-services-for-older-people.

Oken, Barry S, and Daniel Zajdel. 'RANDOMIZED, CONTROLLED, SIX-MONTH TRIAL OF YOGA IN HEALTHY SENIORS: EFFECTS ON COGNITION AND QUALITY OF LIFE'. Alternative Therapies in Health and Medicine 12.1 (2006): 40–47. Print.

'Promoting Mental Health and Well Being in Later Life: Age Concern'. N.p., n.d. Web. .

Scott, A.H. 'Occupational Therapy as a Means to Wellness with the Elderly'. Physical and Occupational Therapy in Geriatrics 18.4 (2001): 3–22. Print.

Stevens-Ratchford, Regena, and Brian Cebulak. 'Living Well with Arthritis: A Study of Engagement in Social Occupations and Successful Aging'. Physical & Occupational Therapy In Geriatrics 22.4 (2004): 31–52. Print.

Stevens-Ratchford, RG. 'Occupational Engagement - Motivation for Older Adult Participation'. TOPICS IN GERIATRIC REHABILITATION 21.3 (2005): 171–181. Print.

Toepoel, Vera. 'Ageing, Leisure, and Social Connectedness: How Could Leisure Help Reduce Social Isolation of Older People?' Social Indicators Research 113.1 (2013): 355–372. Web.

Verghese, Joe. 'Leisure Activities and the Risk of Dementia in the Elderly'. The New England Journal of Medicine 348.25 (2003): 2508–2516. Print.