

HEM71

[View Online](#)

-
1.
Aday RH, Kehoe GC, Farney LA. Impact of Senior Center Friendships on Aging Women Who Live Alone. *Journal of Women & Aging*. 2006 Apr 17;18(1):57-73.
doi:10.1300/J074v18n01_05

 2.
Cerga-Pashoja A, Lowery D, Bhattacharya R, Griffin M, Iliffe S, Lee J, et al. Evaluation of exercise on individuals with dementia and their carers: a randomised controlled trial. *Trials*. 2010;11(1). doi:10.1186/1745-6215-11-53

 3.
Christofolletti G, Oliani MM, Gobbi S, Stella F, Bucken Gobbi LT, Renato Canineu P. A controlled clinical trial on the effects of motor intervention on balance and cognition in institutionalized elderly patients with dementia. *Clinical Rehabilitation*. 2008 Jul 1;22(7):618-26. doi:10.1177/0269215507086239

 4.
la Cour, Karen. Creating connections of life during life-threatening illness: Creative activity experienced by elderly people and occupational therapists. *Scandinavian Journal of Occupational Therapy*. 2005;12(3):98-109.

 5.
Drageset, Jorunn. The importance of activities of daily living and social contact for loneliness: a survey among residents in nursing homes. *Scandinavian journal of caring sciences*. 2004 Mar 1;18(1).

6.

Fine J. The Effect of Leisure Activity on Depression in the Elderly: Implications for the Field of Occupational Therapy. *Occupational Therapy in Health Care*. 2001;13(1):45–59.

7.

Hakim, Renée M. Differences in Balance Related Measures Among Older Adults Participating in Tai Chi, Structured Exercise, or No Exercise. *Journal of Geriatric Physical Therapy*. 2004;27(1):11–5.

8.

Beverly P Horowitz. Promoting Well-Being and Engagement in Life Through Occupational Therapy Lifestyle Redesign: A Pilot Study Within Adult Day Programs. *Topics in Geriatric Rehabilitation*. 2004 Jan 1;20(1).

9.

Jansson S, Söderlund A. A new treatment programme to improve balance in elderly people--an evaluation of an individually tailored home-based exercise programme in five elderly women with a feeling of unsteadiness. *Disability & Rehabilitation*. 2004;26(24):1431–43. doi:10.1080/09638280400000245

10.

Jones AY, Dean E, Scudds RJ. Effectiveness of a community-based Tai Chi program and implications for public health initiatives. *Archives of Physical Medicine and Rehabilitation*. 2005 Apr;86(4):619–25. doi:10.1016/j.apmr.2004.10.020

11.

Litwin, H. Correlates of successful aging: Are they universal? *International Journal of Aging & Human Development* [Internet]. 2005;61:313–33. Available from: <http://ahd.sagepub.com/content/61/4/313>

12.

Mountain G, Mozley C, Craig C, Ball L. Occupational Therapy Led Health Promotion for Older People: Feasibility of the Lifestyle Matters Programme. *The British Journal of Occupational Therapy*. 2008 Oct 1;71(10):406-13. doi:10.1177/030802260807101002

13.

Oken BS, Zajdel D. RANDOMIZED, CONTROLLED, SIX-MONTH TRIAL OF YOGA IN HEALTHY SENIORS: EFFECTS ON COGNITION AND QUALITY OF LIFE. *Alternative Therapies in Health and Medicine*. 2006;12(1):40-7.

14.

G. Ruiz, Villaverde. Quality of life of rural menopausal women in response to a customized exercise programme. *Journal of Advanced Nursing*. 2006;54(1).

15.

Scott, A.H. Occupational therapy as a means to wellness with the elderly. *Physical and Occupational Therapy in Geriatrics*. 2001;18(4):3-22.

16.

Stevens-Ratchford, RG. Occupational engagement - Motivation for older adult participation. *TOPICS IN GERIATRIC REHABILITATION*. 2005 Jul 1;21(3):171-81.

17.

Stevens-Ratchford R, Cebulak B. Living Well with Arthritis: A Study of Engagement in Social Occupations and Successful Aging. *Physical & Occupational Therapy In Geriatrics*. 2004;22(4):31-52.

18.

Toepoel V. Ageing, Leisure, and Social Connectedness: How could Leisure Help Reduce Social Isolation of Older People? *Social Indicators Research*. 2013;113(1):355-72. doi:10.1007/s11205-012-0097-6

19.

Verghese, Joe. Leisure activities and the risk of dementia in the elderly. The New England Journal of Medicine. 2003;348(25):2508-16.

20.

Homepage - University of the Third Age [Internet]. Available from: <http://www.u3a.org.uk/>

21.

National service framework: older people - Publications - GOV.UK [Internet]. Available from: <https://www.gov.uk/government/publications/quality-standards-for-care-services-for-older-people>

22.

Health and Care Services for Older People: Overview report on research to support the National Service Framework for Older People : Department of Health - Publications [Internet]. Available from: http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/Publicationsandstatistics/Publications/DH_088848

23.

Improving care and saving money: learning the lessons on prevention and early intervention for older people - UK - 18 January 2010 | KINSHIP - Knowledge INformed Support for Health Improved Practice [Internet]. Available from: <http://kinwahlin.wordpress.com/2010/01/19/improving-care-and-saving-money-learning-the-lessons-on-prevention-and-early-intervention-for-older-people-uk-18-january-2010/>

24.

Age UK [Internet]. Available from: <http://www.ageuk.org.uk/>

25.

Better health in old age: Report from Professor Ian Philp : Department of Health - Publications [Internet]. Available from: <http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/publicationsandstatistics/p>

ublications/publicationspolicyandguidance/dh_4092957

26.

Equality Impact Assessment: Partnerships for Older People Projects (POPP) D.O.H 2010 [Internet]. Available from: <http://www.pssru.ac.uk/pdf/rs053.pdf>

27.

Improving policy for older people's learning | NIACE [Internet]. Available from: <http://www.niace.org.uk/news/improving-policy-for-older-people%E2%80%99s-learning>

28.

Promoting Mental Health and Well Being in Later Life: Age Concern [Internet]. Available from: http://www.ageuk.org.uk/documents/en-gb/for-professionals/health-and-wellbeing/isbn_1_903629_42_10_promoting_mental_health_and_wellbeing_in_later_life_2006_pro.pdf?dtrk=true